

Low Level Mental Health Support for Children and Young People
(Work being progressed by the Low Level Mental Health in Children and Young People Task and Finish Group)

Objective	Key Actions	Measures / Evidence of Success	Lead Partners	Resources	Completion Date / Progress to date	RAG Status
1. Find out what young people consider to be their needs for their own health and wellbeing.	i) Sessions to be set up with young people engaging with a) Raising Aspirations project, b) Mentorlink, c) Protective Behaviours After School Club, d) Young people engaging with YMCA.	Collection of views to help inform objectives 2,3,4,5.	Liz Williams - Winning Winyates, Andrea Maddocks, Mentorlink, Geoff taylor Smith, YMCA	In kind	Pilot to be completed by July 2014. Update at 16th July meeting.	Amber
	ii) If this method of engagement is successful then look at undertaking further engagement on a wider scale.	TBA			To be assessed in August 2014. Helen to mention at PA Subgroup on 2nd July.	Red
	iii) Early Help to lead the development of a Youth Forum for Redditch. This to be developed over time to provide a voice from young people to give a steer on issues affecting them including mental wellbeing.	TBA	Early Help (RBC & YMCA)	£500 from £20k pot	September 2014 for a progress check.	Red
2. To raise awareness of mental health and mental wellbeing generally with the community and professionals working with children and young people.	i) To explore the merits of running Mental Health First Aid courses to front line professionals	Decision on whether to fund Mental Health First Aid courses.	Claire Moran	Officer time	Claire to report progress about this on 16th July.	Amber

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	ii) If the group feel there is a need for MHFA and costs are taken into account, to then commission sessions to take place in Redditch.	Positive feedback from participants. Rise in levels of confidence in professionals in dealing with mental health issues.	Claire Moran	Some of the £20k Health Fund could be utilised for this.	Summer 2014	Red
3. To help children whose circumstances are not necessarily going to change quickly to develop resilience and coping strategies.	i) Investigate further the impact of Protective Behaviour courses to young people. Money allocated to the one course running in Redditch enough to sustain the pilot period so this can be evaluated.	TBA	Liz Williams - Winning Winyates, Hapi Futures	£860 from £20k Health Budget.	On-going	Amber
	ii) Implement the Mental Health Champions initiative (follow on from Young Health Champions)	Creating greater awareness of mental health. Reducing stigma. Improving mental wellbeing for the 14-18 age group.	YMCA	£2500 (to be matched by Early Help)	Meeting between YMCA and Claire/Helen in July. Feedback to be provided at September meeting.	Amber

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4. Look at providing safe places and support for children to talk about their problems – this could be in the guise of youth drop in sessions, group meetings, mentoring, buddying, health champions.	As for objective 4, action i.	As for objective 4, action i.	As for objective 4, action i.	TBA	To be determined by outcomes of objective one and also covered by objective 3.	Red
5. Partner organisations and agencies having a clear picture of referral options and opportunities through clear information sharing and information availability.	i) Information about the commissioning of mental health services needs to be provided to the group in order to understand the referral pathways and how other non-clinical agencies and organisations can provide support.	Better information and knowledge sharing between partners (both health and non health organisations and agencies)	Task and Finish Group	None needed	On-going	Red
	ii) Invite key representatives from Mental Health Commissioning and CAHMS to future meetings.		Task and Finish Group	None needed	Future meetings	Amber
	iii) Research project to understand the links between mental health on children's education and to understand the reasons why some children are not attending school and the school response to this. This project to also link into wider discussions at the RCWT.	Collection of views to provide firm data to back up anecdotal evidence	What's Your Point & Woodrow Library	£500	September 2014 for a progress check.	Amber